

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

King County

What is your age?

n = 1202

18 - 34	30.6%	(± 3.3%)
35 - 54	45.4	(± 3.3)
55 - 74	18.5	(± 2.2)
75+	5.4	(± 1.3)

Gender

n = 1202

Male	52.3%	(± 3.3%)
Female	47.7	(± 3.3)

Which one of these groups would you say best represents your race...

n = 1197

White	81.9%	(± 2.9%)
Black or African American	3.1	(± 1.1)
Asian	7.1	(± 2.0)
Native Hawaiian or Other Pacific Islander	1.8	(± 1.1)
American Indian, Alaska Native	2.2	(± 1.0)
Other race	3.8	(± 1.7)
No preferred race	0.0	(± 0.0)

Are you Hispanic or Latino/Latina?

n = 1199

Yes	5.8%	(± 1.9%)
No	94.2	(± 1.9)

Marital status

n = 1195

Married	57.9%	(± 3.3%)
Divorced	9.6	(± 1.6)
Widowed	4.6	(± 1.1)
Separated	1.6	(± 0.8)
Never been married	19.6	(± 2.8)
Or a member of an unmarried couple	6.7	(± 1.7)

How many children less than 18 years of age live in your household?

n = 1199

None	62.8%	(± 3.3%)
1	14.1	(± 2.3)
2	16.3	(± 2.5)
3 or more	6.8	(± 1.8)

What is the highest grade or year of school you completed?

n = 1196

Some high school or less	5.5%	(± 1.9%)
High school graduate or GED	17.1	(± 2.6)
Some college or technical school	28.5	(± 3.1)
College graduate or more	48.9	(± 3.3)

Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .

n = 1198

Employed for wages	54.0%	(± 3.3%)
Self-employed	10.1	(± 1.9)
Out of work	8.0	(± 1.8)
Homemaker	8.1	(± 1.7)
Student	5.0	(± 1.7)
Retired	12.1	(± 1.9)
Or unable to work	2.7	(± 1.0)

Annual household income from all sources

n = 1074

Less than \$20,000	10.9%	(± 2.1%)
\$20,000 to less than \$50,000	35.2	(± 3.4)
\$50,000 or more	53.9	(± 3.5)

Have you smoked at least 100 cigarettes in your entire life?

n = 3006

Yes	40.8%	(± 2.0%)
No	59.2	(± 2.0)

Among those that have smoked at least 100 cigarettes in their entire life:**Do you now smoke cigarettes everyday, some days, or not at all?**

n = 1276

Everyday	28.3%	(± 2.9%)
Some days	10.2	(± 2.2)
Not at all	61.6	(± 3.1)

Among current smokers:**During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?**

n = 454

Yes	54.7%	(± 5.4%)
No	45.3	(± 5.4)

Current cigarette smoking prevalence:

n = 3005

(every day or some day smokers among the whole population)	15.7%	(± 1.5%)
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Among those that have smoked at least 100 cigarettes:**Did you smoke any cigarettes during the past 30 days?**

n = 506

Yes	44.2%	(± 5.1%)
No	55.8	(± 5.1)

Among those that have smoked in the past 30 days:**On how many days of the past 30 days did you smoke cigarettes?**

n = 212

Less than 30 days	35.4%	(± 7.6%)
30 days	64.6	(± 7.6)

Among those that have smoked in the past 30 days:**On average, about how many cigarettes per day do you smoke, on the days that you do smoke?**

n = 207

Average:	12.5	(± 1.2)
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Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?			n = 1183
Yes	17.0%	(± 2.5%)	
No	83.0	(± 2.5)	

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?			n = 174
None	92.2%	(± 4.5%)	
Less than 30 days	3.8	(± 3.0)	
30 days	4.1	(± 3.4)	

Current smokeless tobacco prevalence:			n = 1183
(any use in past 30 days among the whole population)	1.3%	(± 0.8%)	

Do you currently smoke tobacco in a pipe?			n = 1184
Yes	0.2%	(± 0.2%)	
No	99.8	(± 0.2)	

In the past month, have you smoked a cigar, even just a puff?			n = 1183
Yes	6.0%	(± 1.7%)	
No	94.0	(± 1.7)	

In the past month, have you smoked bidis?			n = 1182
Yes	0.0%	(± 0.0%)	
No	100.0	(± 0.0)	

In the past month, have you smoked clove cigarettes?			n = 1182
Yes	1.7%	(± 0.9%)	
No	98.3	(± 0.9)	

Current tobacco use (all types of tobacco)			n = 1185
Current daily tobacco user	23.2%	(± 2.9%)	
Current non-tobacco user	76.8	(± 2.9)	

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?			n = 296
Within the past month (less than 1 month ago)	2.7%	(± 4.0%)	
Within the past 3 months (1-3 months ago)	1.0	(± 0.9)	
Within the past 6 months (3-6 months ago)	2.5	(± 2.3)	
Within the past year (6-12 months ago)	2.2	(± 1.5)	
Within the past 5 years (1-5 years ago)	16.3	(± 4.9)	
Within the past 15 years (5-15 years ago)	22.7	(± 5.3)	
More than 15 years ago	47.7	(± 6.8)	
Never used regularly	4.9	(± 4.3)	

Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 278

Average: 17.2 (± 1.8)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 257

Yes 15.1% (± 5.0%)

No 84.9 (± 5.0)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 258

Yes 2.2% (± 1.6%)

No 97.8 (± 1.6)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 259

Yes 3.1% (± 1.9%)

No 96.9 (± 1.9)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 510

Strongly agree 45.0% (± 5.0%)

Somewhat agree 17.9 (± 3.7)

Somewhat disagree 19.9 (± 4.1)

Strongly disagree 17.2 (± 3.9)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 508

Within the past year (1-12 months) 34.4% (± 4.8%)

Within the past three years (1-3 years) 5.3 (± 2.3)

3 or more years ago 26.5 (± 4.4)

They never advised me to quit 33.8 (± 4.7)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 523

Within the past year (1-12 months) 23.4% (± 4.1%)

Within the past three years (1-3 years) 6.3 (± 2.7)

3 or more years ago 17.3 (± 3.7)

They never advised me to quit 52.9 (± 4.9)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?	n = 516	
Within the past year (1-12 months)	9.6%	(± 2.9%)
Within the past three years (1-3 years)	2.4	(± 1.4)
3 or more years ago	9.2	(± 2.8)
They never advised me to quit	78.8	(± 4.0)

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?	n = 262	
Yes	48.9%	(± 7.0%)
No	51.1	(± 7.0)

Among current/former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?	n = 471	
0	14.7%	(± 3.6%)
1-2	49.3	(± 5.2)
3-5	21.4	(± 4.4)
6 or more	14.7	(± 3.9)

**About how long has it been since you last visited a DOCTOR for a routine
checkup?** n = 1166

Within the past year (1-12 months ago)	73.8%	(± 3.1%)
Within the past two years (1-2 years ago)	14.1	(± 2.5)
Within the past 3 years (2-3 years ago)	4.4	(± 1.4)
Within the past 5 years (3-5 years ago)	2.9	(± 1.1)
5 or more years ago	3.8	(± 1.2)
Never	1.0	(± 0.8)

**What type of health coverage do you use to pay for most of your medical care? Is
it coverage through. . .** n = 1048

Your employer	50.2%	(± 3.5%)
Someone else's employer	20.8	(± 2.8)
A plan that you or someone buys on your own	13.8	(± 2.5)
Medicare	10.1	(± 1.9)
Medicaid or Medical Assistance	2.3	(± 0.9)
The military, CHAMPUS, or the VA	2.1	(± 1.3)
The Indian Health Service	0.4	(± 0.5)
Some other source	0.3	(± 0.4)

Among current and recent former smokers:

**Within the past year, have you heard about any programs in your community to
help you quit using tobacco, such as classes, support groups or counseling
services?** n = 216

Yes	55.3%	(± 8.2%)
No	44.7	(± 8.2)

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 220

Yes	6.2%	(± 3.2%)
No	93.8	(± 3.2)

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 173

Yes	25.7%	(± 7.2%)
No	39.2	(± 9.4)
Don't know/Not sure	35.1	(± 8.0)

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 220

Yes	22.9%	(± 6.4%)
No	77.1	(± 6.4)

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 213

Yes	35.2%	(± 7.9%)
No	64.8	(± 7.9)

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 87

Yes	5.4%	(± 4.7%)
No	94.6	(± 4.7)

Among current tobacco users:

Would you like to quit using tobacco? n = 237

Yes	61.8%	(± 7.3%)
No	38.2	(± 7.3)

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 154

Yes	83.8%	(± 6.3%)
No	16.2	(± 6.3)

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 138

Yes	53.2%	(± 9.5%)
No	36.8	(± 9.1)
Don't know/Not sure	9.9	(± 5.0)

Are you currently registered to vote?		n = 1174
Yes	82.4%	(± 2.8%)
No	17.6	(± 2.8)

Which of the following statements best describes the rules about smoking in your home. . .		n = 1164
No one is allowed to smoke anywhere inside your home	84.3%	(± 2.5%)
Smoking is allowed at some places or at some times	9.0	(± 2.1)
Smoking is permitted anywhere inside your home	6.7	(± 1.5)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?		n = 1180
No current smokers in household	73.2%	(± 3.1%)
1	18.5	(± 2.7)
2	6.6	(± 1.8)
3 or more	1.7	(± 1.2)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?		n = 1174
None	88.5%	(± 2.1%)
Less than 30	5.2	(± 1.5)
30 days	6.3	(± 1.6)

If it were just up to you, would you let people smoke inside your home?		n = 1167
Yes	11.3%	(± 2.0%)
No	88.7	(± 2.0)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .		n = 714
Office	49.3%	(± 4.3%)
Store	7.5	(± 2.7)
Restaurant or Bar	6.4	(± 2.8)
Warehouse or factory	5.0	(± 2.1)
Home/Someone elses home	7.7	(± 2.0)
Outdoors	7.8	(± 2.4)
Car or truck	3.4	(± 1.6)
Classroom	5.2	(± 1.8)
Hospital	5.7	(± 2.0)
Somewhere else	2.1	(± 1.2)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?		n = 715
Yes	7.8%	(± 2.5%)
No	92.2	(± 2.5)

Estimates based on sample sizes less than 50 were omitted.

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 699

Yes	3.6%	(± 1.9%)
No	96.4	(± 1.9)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 712

Yes	5.4%	(± 2.3%)
No	94.6	(± 2.3)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 714

None	83.0%	(± 3.4%)
Less than one hour	8.9	(± 2.3)
One hour or more	8.1	(± 2.7)

In general, would you say that breathing secondhand smoke is. . . n = 1172

Not at all annoying to you	10.6%	(± 2.1%)
A little bit annoying	11.5	(± 2.3)
Somewhat annoying	21.2	(± 2.7)
Very annoying to you	56.6	(± 3.4)

Would you say that breathing secondhand smoke is. . . n = 1143

Not at all harmful	2.6%	(± 1.3%)
A little bit harmful	6.5	(± 1.8)
Somewhat harmful	27.9	(± 2.9)
Very harmful	63.0	(± 3.3)

All people should be protected from secondhand smoke. n = 1131

Strongly agree	58.1%	(± 3.4%)
Somewhat agree	22.7	(± 2.9)
Somewhat disagree	11.9	(± 2.3)
Strongly disagree	7.4	(± 1.7)

All children should be protected from secondhand smoke. n = 1156

Strongly agree	86.7%	(± 2.3%)
Somewhat agree	8.6	(± 1.9)
Somewhat disagree	2.9	(± 1.1)
Strongly disagree	1.9	(± 0.9)

Do you think that smoking should be completely banned in restaurants? n = 1172

Yes	69.9%	(± 3.2%)
No	27.0	(± 3.1)
Don't know/Not sure	3.1	(± 1.3)

Do you think that smoking should be completely banned in bars and lounges?		n = 1163
Yes	37.7%	(± 3.3%)
No	56.4	(± 3.4)
Don't know/Not sure	6.0	(± 1.5)

Do you think that smoking should be completely banned in outdoor public areas where children may be present?		n = 1171
Yes	54.0%	(± 3.4%)
No	42.3	(± 3.4)
Don't know/Not sure	3.6	(± 1.2)

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.		n = 1125
Strongly agree	52.1%	(± 3.5%)
Somewhat agree	21.6	(± 2.8)
Somewhat disagree	19.3	(± 2.8)
Strongly disagree	6.9	(± 1.7)

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.		n = 1150
Strongly agree	48.9%	(± 3.4%)
Somewhat agree	28.2	(± 3.0)
Somewhat disagree	13.0	(± 2.4)
Strongly disagree	9.9	(± 2.0)

School officials should make sure that all children receive anti-tobacco education.		n = 1163
Strongly agree	82.4%	(± 2.7%)
Somewhat agree	12.6	(± 2.4)
Somewhat disagree	2.6	(± 1.1)
Strongly disagree	2.4	(± 1.0)

Tobacco use by adults should not be allowed on school grounds or at any school events.		n = 1152
Strongly agree	83.5%	(± 2.5%)
Somewhat agree	10.4	(± 2.0)
Somewhat disagree	4.4	(± 1.4)
Strongly disagree	1.7	(± 0.8)

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?		n = 1133
Yes	40.2%	(± 3.4%)
No	59.8	(± 3.4)

Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 478

Yes	18.1%	(± 4.1%)
No	81.9	(± 4.1)

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 481

Yes	28.2%	(± 4.8%)
No	43.9	(± 5.3)
Don't know/Not sure	28.0	(± 4.7)

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 127

Definitely yes	61.8%	(± 10.5%)
Probably yes	36.7	(± 10.5)
Probably no	0.0	(± 0.0)
Definitely no	1.5	(± 1.7)

There are more negative things than positive things about smoking.

n = 1152

Strongly agree	90.9%	(± 2.1%)
Somewhat agree	6.3	(± 1.9)
Somewhat disagree	1.1	(± 0.6)
Strongly disagree	1.7	(± 0.9)

Smoking sometimes makes a person more attractive.

n = 1154

Strongly agree	1.0%	(± 0.8%)
Somewhat agree	1.9	(± 0.9)
Somewhat disagree	10.4	(± 2.2)
Strongly disagree	86.7	(± 2.4)

There are so many things that cause cancer, tobacco use is not going to make any difference.

n = 1147

Strongly agree	5.7%	(± 1.6%)
Somewhat agree	6.1	(± 1.7)
Somewhat disagree	8.1	(± 1.9)
Strongly disagree	80.2	(± 2.8)

Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 1150

Yes	15.2%	(± 2.6%)
No	84.8	(± 2.6)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?	n = 1165	
Yes	7.5%	(± 1.9%)
No	92.5	(± 1.9)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?	n = 1143	
Yes	10.0%	(± 2.1%)
No	90.0	(± 2.1)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?	n = 1143	
Yes	13.4%	(± 2.5%)
No	86.6	(± 2.5)

Tobacco companies should have the same rights to advertise their products as other companies.	n = 1128	
Strongly agree	19.6%	(± 2.7%)
Somewhat agree	27.3	(± 3.0)
Somewhat disagree	17.7	(± 2.6)
Strongly disagree	35.3	(± 3.3)

Among people with children ages 12 to 17:

Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .	n = 151	
We have talked about the dangers of tobacco use many times	80.2%	(± 7.4%)
We have had at least one conversation that I can remember	12.0	(± 6.1)
I don't remember a specific conversation, but my child knows how I feel	5.8	(± 4.6)
For now, I have not talked with my child about the dangers of tobacco use	2.0	(± 2.2)

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco?	n = 149	
Yes	95.1%	(± 3.9%)
No	4.9	(± 3.9)